**Morning Lesson February 24, 2021** [**Transcription is made from simultaneous translation which leaves possibility for differences from audio**](https://docs.google.com/document/d/1rl6V6le678Sek7HxU6QNs-BKNiDpO0Bt36PRJ_-f1AQ/edit)

**They Helped Every One His Friend - Excerpts from the Sources**

**1. Rav’s Introduction**: We have come to the theme of the Congress which is, One shall help his friend. Why is it the most important and main topic? Because it talks about the integration between us through which we build the *Partzuf* of the soul of each of us and all of us together. Without the *Hitkalelut*, without the integration we cannot reach the spiritual vessel and feel in the spiritual phenomena, the Upper Force, the Creator. In order to be able to attain it I need friends. Not just that I will learn from them and look at them from afar or from close, but there will be an integration between us, an inclusion where we help each other in the ten and everyone absorbs qualities and impressions, inclinations from the others and in each one, a vessel will be built to fill the entire ten. Each one becomes integrated with all the others included and that is how we build our path until the final correction, everyone builds themselves in their ten this way and the tens are connecting to the extent that a ten feels itself as one. It then feels that it has an opportunity and urgency to connect to other tens.

They work according to the same method to organize into a bigger *Kli* a greater vessel that is more complex. The first vessel is comprised of ten friends let's say, and the second is twenty but it's not twenty because ten with ten already equals one hundred and so on. We will see that there is an increase here that is not linear, but rather a significant increase in growth. From time to time we need to realize that when I come to the group, it's not enough for me to study with them together, I also need to integrate with their qualities. Meaning, that from each one I need to collect their inclination to the Creator. Everyone has their own inclination and it follows that all of us integrate with each other. A person does not have his own soul if he doesn't build one.  It's not sufficient to just be physically in a group and participate in all the events and activities with my friends in the group. I need to incorporate with their inclination between us and to the Creator. By that we build a network where we discover the Upper Force according to our equivalence of form with it. I hope that I'm saying this clearly.

Our Congress especially needs to make this kind of effort and try to integrate with each other this way that we each help one another. Also, in the general ten we are participating together and each and every ten in itself will influence everyone with both surrounding light and inner light. If the friends and I are building my soul, it's not by chance that Kabbalists determine this number ten. In corporeality it manifests in this kind of number. If we integrate with each other in this manner, where each one nullifies himself in order to integrate with the others and include himself, the inclinations of each and every friend in front of him, only the spiritual inclination of the friend is what's important to me and with them, I integrate. I build the first nine *Sefirot* of my soul and I myself am the *Malchut* that nullifies itself in order to absorb, to include into herself the first nine *Sefirot* and that's how I build the *Partzuf* of my soul through my friends and each one also incorporates with each other, after this integration, each one builds in himself. It gives us a true *Partzuf* which means a structure that can already stand in and of itself in spirituality, and we begin following the same principles of integrating with each other and each ten begins to absorb and draw from all the others their inclinations and their participation with the Creator. Thus we gradually build ourselves more and more into a greater and complex soul until we achieve Adam HaRishon.

Essentially this last topic before the Congress and it is the most important for us and what we need to do. I'm choosing this as the final topic because I don't want it to be blurred out after other topics because the main thing is - One shall help his friend -, meaning that each one wants to help the other integrate with their inclinations for spirituality, to show each other how much one wants to rise above oneself and go out to the connection with the friends as much as we can. Some of us can't really express ourselves and I'm one of them too, I can't really express my inclination to connect with others, but still we must try. The Creator gave us the ability to do it and we need to try to come out and incorporate in each other and help everyone so that in the ten, we will help each other as it says, each shall help his friend. We will take all of our common efforts, the first nine above our own ego, and we can rise above and connect with the friends so we can absorb from the friends their inclinations to rise above themselves, towards our all-inclusive connection.

The Creator in the combination of all of the inclinations, we will build a network where we discover a common force which will be called the Creator, *BoReh* come and see, this is how we reach Him and implement the sentence, “you have made Me." There is a lot to talk about, actually. In the whole lesson, we need to scrutinize how do we do it, rising above ourselves. How does each one show his inclination towards spirituality, coming out of ourselves, not to work in concealment, in humbleness, but to the contrary, I need to show it to the friends and awaken them. We also need to understand that not everyone is capable of it and to be open and express their internality, however there is no choice. I have to because I realize it is my role towards the group and I must show them that even though I'm not like this according to my nature according to my character, I do it because otherwise we will not reach the construction of the spiritual vessel. There are many things to say but I focus on a particular topic here, and during the lesson we will do it. We will delve into it with workshop questions and we will scrutinize this topic.

2. S. (11:47) You said that to begin with I integrate with the friends I make of them the nine *Sefirot* of my soul and then together from that individual *Partzuf* would become something general, how does it work?

R. I don't want to talk about how it is done now schematically, because we don't yet have anything related to spirituality so that we can depict it like we depict the *Partzuf,* we only have points, and as much as this egoistic desire expresses itself it can incorporate with the friend then it acquires from the friends the first nine and as much as it holds itself in expressing itself only in coming closer incorporate, adhering for the first nine and the beginning of the construction of the *Partzuf* in each one of us even though it is not the spiritual *Partzuf* because each one is starts building himself correctly in order to connect with the others. But there is already something to it. and if this is how it will be in each one of us then we will be able to begin to equalize, to connect our inclinations which we have acquired from everyone together and then seemingly the first nine from each one of us, connect between them and they already build a common first nine and also the *Malchuyiot* will be common and that way we will have a *Partzuf*, first nine and *Malchut* where *Malchut* is all of us decide not to use it and the first nine is what we receive from each other through the incorporation and from that we build the first nine of the common *Partzuf* and this is already a *Partzuf* this is already the beginning of a soul.

3. S. (14:31) Happy is he who can pray all day. How can we increase the importance for praying together in the ten?

R. It's that we from one day to the next we despair out of our own forces and we see before us actions that are not in our ability to perform, on the other hand, nevertheless we have to reach it if we don't want to just remain animals and this brings us to a decision that it's not upon us to finish the work. In every state, we need to make efforts in order to get out of it, and to realize that we are not capable of rising above our ego. This is our whole nature and with each and everyone in order to rise above it, I must ask for a force which I do not have, called a force of bestowal and I have no choice, I have to ask the Creator to give me such forces, and it takes a lot of time because our ego doesn't quite allow us to rise above it. This is already considered some kind of Exodus from Egypt, well maybe not an Exodus but an inclination towards an Exodus and this is called, “And the children of Israel sighed from the work." They cried out because they cannot come out of the ego. Stages in which we awaken ourselves towards the correct actions, we have discovered that we're not capable of it. This is necessary, otherwise we will not reach the true decisions that we must get help from above and then we turn to the Creator and ask of Him. Indeed the help from above is what helps us but it is according to our request. There has to be *MAN* from us and then receiving spiritual forces from the Creator which is called *MAD* and this way by raising *MAN* and the lowering of *MAD* we get a connection, a correction from the Creator and we become capable of performing actions that are above our ego, building a *Partzuf* of the soul in which we connect more between us and the Creator.

4. S. (17:59) How can I include myself into the qualifications of my friends for a powerful integration?

R. It depends only on how much you realize the importance of the incorporation of each other, it's not just that I get help, a force from the Creator that I look at the friend, that I'm envious of the friend that is successful and I'm not quite that. I need to get from him his inclination towards the Creator, from his inclination, in his inclination, you collect all these inclinations and from that I compose my first nine that is each and every friend is incorporated, included in my *Partzuf,* in my soul as the first nine, as building and establishing my soul. That's why it says “each shall help his friend” each are helping the construction of the *Partzuf* of the soul but I need those inclinations and of that way these tiny inclinations in everyone we cross them together and connect them together and from that the first nine of our general collective *Partzuf* are formed when each and every one is Incorporated in the others and his incorporation is in depending on his *Malchut* depending on his qualities you understand suddenly we begin to assemble qualities with the incorporations of these and those, these and those that we didn't have Adam HaRishon was simple, thus the need for the shattering, we see it specifically in that that is much as we are incorporated in these inclinations specifically those that are broken with each other and reconnect them together by this we are building the first sign of *Partzuf* of the soul and that way by that we need to help each other practical work where we surely rise above ourselves and this way we try to do it.

5. S. (20:59) I would like to adopt the spiritual quality from each friend, I just don't know how to scrutinize to locate it, how to do it?

R. It's a good question, I simply look at each and every one how much he is drawn to spirituality, in what form and what is important for him in spirituality, only in spirituality. What is he trying to do and that way from all of this I get an impression. Later on when we will acquire the first spiritual qualities through incorporation with each other we will be able to distinguish each and every one deeper qualities that exist in each and everyone and through them when I reach the awareness, the recognition of the Creator. I have no quality besides *Malchut* which annuls itself and by annulling my *Malchut,* by doing that I build my first nine *Sefirot* of my soul and in it I discover the upper force. The friends that are depicted in me with their inclinations to the Creator, they build in me the image of the Creator, this is considered that you have made me, what do we make him, we make him out of our own qualities. When we annul ourselves towards each other and then out of all of the qualities when we incorporate such a way we build a *Partzuf* of the soul and there we discovered the upper light, the Creator is abstract light but when he's revealed in our incorporations already we begin to feel him to understand and according to equivalence of form then we already discover that he exists are all around us and he becomes revealed in us and he's revealed in our successful incorporation with each other.

6. S. (23:39) We heard previously that you said through workshops we will be able to delve deeper and open up subjects more so how to approach this instrument called the workshop and use it most effectively?

R. What we're talking about right now I don't quite have the words for it because now we are entering spiritual actions truly. Where it's hard for us to find words only according to TES and these are dry words, mechanical words. We need as much as possible to try to talk between us and somehow to detect those inner inclinations, how can we incorporate them? How can we connect through them? How can we join them in such a way that we are assembling new qualities as a result of the shattering, where each one was broken by the upper light, by the lack of connection with the others. When we discover this lack of connection between us, and this way we reach a state where we ask the Creator that he will connect these broken pieces, that we want to put ourselves together from the inclinations of each and every one towards connection. Then it turns out that we already have between us a new system of connection which we have established, this is called “you have made Me” and the upper light and already in the new system it can begin to shine, to fill it up, to settle in it truly one to one. Not in the form of *Nefesh de Nefesh* as in rest of Adam HaRishon when they were like Angels, meaning like without any effort on their behalf, any awareness on their behalf. *Malchut* and the first nine or Adam and Eve but rather that we all establish a system in which we are truly engaging in the construction of the Creator, the revelation of the Creator because the system that we reveal in itself, out of our qualities, qualities of the Creator, what does it mean Creator, *BoReh*, come and see, what we do between us when we connect between us and our incorporations towards the bestowal or connection and love. By that we build Him, you have made me, it is specifically through the *Hitkalelut*, incorporation there for this “each shall help his friend” just like our lesson is called in that we need to operate with each other and help each other realize that in the end when we reach spirituality, we are as one man and one heart. In corporeality we are still in bodies and this actually helps us each time to put in effort towards connection, spirituality we should all see ourselves as where is that image where we are all incorporated together and in it we exist truly as one.

7. S. (27:50) What are these new qualities that we discovered through integration?

R. We in the incorporation discover already the qualities of the Creator because an incorporation we reach a state where the upper light can shine in us out of equivalence of form and this is why, this is how we need to see ourselves, this is how we reach it.

8. S. (28:42) What is the revelation of the Creator add to the first nine, the first nine is already the image of the Creator, the form of bestowal, what does the revelation of the Creator add to the first nine *Sefirot*?

R. Which first 9 did you see, we need to build the first nine, we are all the *Malchut*, also not restricted *Malchut* but rather the egoistic *Malchut*, if upon our ego we make a restriction so that we try to incorporate with each other above our ego then we build it incorporations with each other and in those incorporations with each other we build qualities of bestowal. These qualities of bestowal in them we discover the general image of bestowal, which is the Creator

S. What is the revelation of the Creator?

R. .... That we build a place for the upper light for the quality of bestowal that is then revealed. I don't quite understand what you are imagining to yourself but our incorporations are in the inclination to get out of oneself towards the love of friends and from the love of friends to the love of the Creator. There is nothing there that you can blur out. There is no choice here rather, we have to be in this way, we have to go in this way and we simply have to go for it. We cannot go around this thing that somehow it will work out. we will just have her around it. There are those who say He will not fight forever, the Creator will eventually agree with it and He will do something for us, He will do nothing, it's a law the Creator is the general law of reality, if there is no lack on our side, there will be no action on His side.

9. S. (31:28) We need to find the need to find our desires in spirituality, or each of us needs to connect from his own desires completely and connect to the friends?

R. I need to disconnect from my desire and connect to the friends desire for the Creator as much as I see them as much as I understand them and when I collect in such a way, when I restrict myself and I get my inclination from the friends, if I collect all of these efforts by that eventually, I build my spiritual *Partzuf.* The action should be quite clear, it is the annulment of our own ego of each and every one and instead of it getting the awakening from the friends.

10. S. (32:43) How can we help the friend increase his deficiency?

R. With an example, not more than that only through examples and I have to play, to act before the friends as much as I seemingly want it, and I'm capable of it and I'm ready for it and I'm really advancing, I'm really successful. In that I need to act before the friend and by that I helped him this is called each shall help his friend, and especially in that we show one another how much we are, how shall I put it we sell ourselves, we are truly willing to sacrifice ourselves for the spiritual ascent. We need to do it even though it is untrue, but I have to act this way towards the friend, because I give the friend the desire to do the same then he won't be acting he will want to do it in truth and then I will also do it in truth so through the friend I actually stimulate myself so that I will become greater.

11. S. (34:20) I don't know how to act. I don't know how to show the inclination to connection and something is confusing me, here it said that I'm the only *Malchut* and I have nothing of myself to show the friends, how can I help the friends?

R. Well you have to you have to use you enter a 10 you commit you obligate to hide yourself and increase the qualities of bestowal even if you don't have them by that you show the friends how much you are stepping on your ego and how much you are trying to work with all of your meager qualities of bestowal.

S. To be accurate, the idea of giving an example to the friend is that the point of self-annulment and trying to raise my points of bestowal, which I don't know what is even?

R. Yes, what is most important is you need to work, there are many things to it this is actually all of our work, it is our first spiritual action restricting our ego and beginning to absorb awakenings from the friends because I have nowhere else from which to take it. If I just sit by myself with a book or anything else it's nothing, by that you'll just become wise, but not a Kabbalist, you will not grow in building your spiritual vessel, the spiritual vessel is only built out of incorporation. Therefore, the rule is simple from the love of people to the love of the Creator.

12. S. (36:18) How do we restart our *Malchut* one over the other in the 10?

R. In that too, we need to learn from each other if I see that the friend is investing even corporeally for the benefit of the 10, I want to prepare something for us, to help the connection between us, the other one is in choosing excerpts, the third one is doing something else. As much as each and everyone is awakening us as much as possible with something technical or something more internal I need to learn from it I need to reach a state where I feel ashamed it's like Rabash writes that I'm ashamed towards the friends and that I'm truly not equal to them, this is how we need to feel.

13. S. (37:39) Try to restrict everything within me and advance with the friends. I'm certain that their friends are all doing this also and you said that we can connect these points of connection between us, How do we do this?

R. I'm not ready to talk about it yet. Maybe I'll talk about it throughout the lesson because it's not simple, we don't yet have these points of *Malchut* and the points of the first nine and each and every one and there's great work to it construction of the *Partzuf*. It's always all the time from here until the end of correction where we're always building that same thing what we are talking about right here now that's in a more sublime and more complex manner work, but actually this work we always have it before us the building of the *Partzuf* of the general soul, the one great universal soul. This is what we have before us and we are only doing that always. So the work is only in incorporation he shall help his friend on each and every degree we have to incorporate with the tendencies of the friends more and more internally with the friends who are in my 10 and then in more external circles with the other tens. This way again until we reach again the complete corrected system of Adam HaRishon, which is considered the end of correction. Then of course, the work is a slightly different style in a slightly different manner but its form, its content, its essence is the same rising above our ego and the individual our will to receive, the collective will to receive of the ten and the will to receive of a hundred tens, thousand tens. Each time from the incorporated qualities of the friends as much as they involve themselves more and as much as they are more in for parade it with everyone from this I have to incorporate and build myself this is called each shall help his friends that I do not build myself, I build myself by incorporating with the others, with the inclinations of the first nine and also with the inclinations with respect to the *Malchut,* which are with the first nine we connect and bestow and with the *Malchut* we restrict them as much as we can and that is all.

14. S. (40:43) We need say that we need to incorporate the friends yearning within me then we say that we need to annul the ego till in all the ego that something very abstract for me my reaction towards the yearning of the friends there is this resistance is that the thing I need to annul with respect to the yearnings of the friend?

R. Whatever hinders me from incorporating with the friends, this is the essence of my ego. This is what I have to in some form I don't think that it's possible to cancel it because our ego is not canceled we cannot erase it or even restrict it, we restrict it from how we use it it always remains as the foundation of the *Partzuf* but we hold it in a restricted form down below as the foundation of our *Partzuf* of each and every one and this is how we build each and everyone is a small *Partzuf* and later on we connect all these *Partzufim* into a single *Partzuf* and this is how we advance.

S. Do I need to tell my friends in what yearning I am right now in spirituality, to help them find this yearning maybe?

R. I have to express the friends all of my desires by passions, whatever I have toward spirituality, in such a way in whatever I have to do to help them, there’s a reason why it is called “each one shall help his friend” meaning our work is not on ourselves, it is on helping the others. It's not that I think about what can I take from them, how do I arrange myself between them but rather the work is more on how do I help them, how do I help them build themselves, incorporate between them and with me. The work is outside of me it's not aimed towards me but rather towards each and every friend. This is the spiritual work therefore each shall help his friend this is the spiritual work it is very precise.

15. S. (43:43) Awakening the friend is something that is easy to apply but how do we make ourselves used to identifying, being impressed by what the friends show as yearning for spirituality, it seems like constantly returning back to the first outlook?

R. I don't understand you and all your words, I spoke enough, you need to take all this and scrutinize it properly and to sort it out, to apply it, actualize it. Don't bring me your own issues but rather take my things “each one helps his friend” means that I must act it can even be said yes, I have to act before the friends in order to show them how I work through integration with everyone and how by that I disregard my own personal desires that's it how I build the first nine and how I restrict the *Malchut.*

S. Can I ask, I'm actually asking about the implementation. How do I recognize in my friends their tendencies toward spirituality and nothing else?

R. Check look at them and see how much they yearn for the efforts, connection, the learning, actualizing the lesson, how they're not missing any meetings, learn from all these things right now while you don't see their inner matters then at least from their external things and try to integrate.

S. I'm trying and I'm asking how does this work on my heart? I'm seeing it that doesn't always evoke inspiration in me. I'll see them in the lessons and they're activities but how do I wake in my heart with these images, these impressions?

R. If you cannot awaken your heart then you need to ask the Creator to awaken your heart because our hearts are certainly under his control, so ultimately reach a state where you see that you are not in charge of your heart whereupon you can ask him to correct your heart, this is actually an excellent state. You have something to cry about meaning that your heart is not under your control on one hand on the other hand be glad because you're discovering that your heart is not under your control but rather under this Creator’s control and you turn to him and he arranges your heart for you, you come to him you've come to the point of truth, a beautiful point, a beautiful scrutiny, there's nothing to cry about rather go ahead continue.

16. S. (46:56) I heard you say now that our constant work is annulling our ego and instead of this to getting an awakening to the friends. If this is our permanent ongoing work there has to be constant renewal in annulling the ego because it keeps growing. So I'm asking what does it mean to renew in the incorporation, what do I discover in the incorporation with the friends, what is the renewal process?

R. You need to start working and you'll see there's not a moment respite here, because you can find you find new points each time in the friends, in their inclination towards spirituality, and how before that well alongside that you need to annul yourself, your *Malchut,* your egoistic will in order to integrate with them and continue on the past it's every moment you have this renewal, try more and more to delve into all these actions of incorporation, integration each one helps his friend. It speaks of integration where each one sees from the other how he annuls himself and each one sees in the other he builds himself from the integration of others and all of us, it is called each one helps his friend so through envy, lust and honor we begin to elevate ourselves from the corporeal world to the spiritual.

S. Process of incorporation is actually a process of the revelation of the Creator that simply keeps expanding?

R. The revelation of the Creator is an outcome of this integration between us, the revelation of the general and the revelation of the Creator is the outcome of this vessel, clear?

17. S. (49:17) How can I include the ego correctly in the 10?

R. I don't think there is room in the ten for my ego, I want to rise above my ego to step on it and then to find room in the 10, where did you find this question perhaps you can explain it?

S. There is always an inner conflict between where I am, where we are, where is this boundary?

R. That is clear, correct yes.

S. So how can I incorporate myself in us more harmonically?

R. The more I annul myself making room in my heart in my will that's how I clear room for the 10. It's not that I annul my desires, I cannot annul them truly, I just regard the 10 as more important than my own desires and inclinations and then they have room to be in my heart, clear?

**Excerpt # 1 Reader (53:56 - 56:45) reads twice**

18. S. Rav thanks to which lessons can we connect everything?

R. Where each one wants to be included into the others and so all these inclinations after you all try to be included of everyone building the first nine so that the qualities of the friend enter into him, the spiritual qualities of the friends enter into him, when we make such efforts above our will to receive, where we restrict, where I restrict my *Malchut*, and I want to integrate with the friends. I am not included in the friends, rather I am included in their spiritual qualities where I annul myself because I know I want to integrate with them so by this I build the first nine *Sefirot* of my soul that's all. When each one tries to do that with this mutual integration of everyone together we discover that we are building *Sefirot* here qualities of bestowal because we are included in each other as wanting to bestow, wanting to ascend, each one toward spirituality, above corporeality. It follows that each one seemingly has his own first 9, and that is how we build for ourselves the first nine of the spiritual *Partzuf*. Through this mutual incorporation we need to do it, there are no words for it so much you all need to try to come out of yourself, and be included in the others. From whatever we see, the inclinations and whatever we can imagine to ourselves we can imagine these inclinations exist in the friends and we want to actualize them

S. You said that each and every 10 should do the following work to come out of myself and connect my heart to the common heart. The collective success of the 10 does it depend on the investment of each and every friend?

R. Yes and regardless we have to understand that none of us has free, we can bestow upon each and everyone and seemingly to compel or more correctly to awaken him to also perform such actions of connection and annulment in connection with the others, connection with the others and annulment of oneself those are the requirements each one helps his friend.

19. S. (01:00:00) What does it mean imaginary engagements?

R. Imaginary engagements we don’t relate to spirituality so that we can see them give them up.

S. Each time I make an effort to come out of myself and connect with the friends I come out of the imaginary engagements?

R. Perhaps you not come out of them but gradually you reduce your willingness to engage in those you don't ascribe them the same importance as before meaning these engagements to remain for you to exist, as is necessary not to be praised or denounced.

20. S. (01:01:04) The force of bestowal is the force of the created being?

R. The force of bestowal is a force which is concealed within creation, correct.

S. The question is how can we discover … uncover this force from all the other forces that are in creation?

R. In creation there are two forces, the force of bestowal and the force of reception. There are only two forces. Only the force of reception and bestowal. We need to diminish the force of reception and instead of it acquire the force of bestowal.

21. S. (01:01:58) What does it mean that the love of friends depends on our right to exist?

R. Our spiritual right to exist depends only on inner integration between the friends because by that they build the first nine of their soul and which the Creator is later revealed. Soul of all of the created beings is everything love all the created beings is everything that is what Rabbi Avraham taught through into the end of correction.

22. S. (01:02:41) What is the true love that he talks about here in the excerpt?

R. The true measure of love is when you fill all the will to receive that the Creator created in the true way or the Creator rules over the whole land.

23. S. (01:03:06) You just told a friend that we need to diminish the force of love and then we will discover the force of the so well I guess you meant diminish the usage of reception right not the force itself

R. We don't work on reducing the will to receive. We work only on the greatness of the will to bestow.

S. Inside this inclination of not using the will to receive for myself how do I not fall into canceling it altogether?

R. I told you just now we don't work on the will to receive we work on magnifying the will to bestow.

24. S. (01:04:13) What does it mean to have bodily passions or desires that hinder the love of friends?

R. The lust of the body we need to see if it's a hindrance or not, also says if it wants something so much just give it to him and then shut him up and continue with your spiritual work.

25. S. (01:04:50) In a workshop it is truly felt this effort of overcoming the ego but we cannot feel the incorporation, in the Congress is our purpose to discover this incorporation?

R. The congress's connection between Congress and our Congress is about incorporation, integration as much as can be achieved and that takes place in each and every 10 in a practical sense, in a practical manner. Where each one wants to be included with the friends more and more and more, the more they are drawn to rise above their own private ego towards connection with the friends and then each one in that manner shows the friends, each one helps his friend yes how to rise above it more and more. That is one thing in each and every 10 of course and we all sit in 10s, just like now, and on the other hand each 10 acts upon the other tens because that's the general intention, meaning by this we want to help one another. That's the Congress integration within the 10 and each 10 assisting the other tens by thinking that way by aiming that way it also helps itself expands its own vessel, brings itself to bestowal. Under the general bestowal of Congress, the Congress is one great force where it connects force of connection that exists and dwells upon everyone, it is a great effort we make and then in each and every 10 gains from this.

**Excerpt # 2 Reader (01:07:23 - 01:08:17) reads twice**

26. R. Here we need to say some words about the special time, that we live in the last generation the time of the Messiah, of course our actions in the whole world and our actions in the land of Israel and within our tens and groups all over the world, is an action that is coming in the right time, in the right place according to the desire that is revealed in the whole of humanity. According to all the factors that we see external and internal as Baal HaSulam says, “Do all that you can and the salvation of the Lord is in the blink of an eye”. Meaning we are in the right state and organized already, and I am certain that we can take one big step forward from corporeal reality to spirituality. Let's make an effort to help each other and succeed with God's help.

27. S. (01:09:36) There is a feeling when I act or when we act before each other. We create a lack, should I somehow yearn to fulfill those lacks? Does the Creator do that already through the prayer that we raise? Can I aspire to fulfill the friends only to create a lack in them?

R. I need to show the friends how I have this inclination towards spirituality, the extent to which I annul myself, show them all examples of how I annul myself and how I am drawn towards spirituality. I show them what my *Partzuf* if I annul my *Malchut* and and I aspire to bestow in the first nine so that's what I need to show them these two things we have the *Malchut* and the first nine and this is how we need to work, each one shows his friend and this is how we will succeed in trying to help the other.

**Excerpt # 3 Reader (01:11:11 - 01: 11:56**)

28. R. Meaning only through connection between us to where we discover our *Partzuf* in which we discover ourselves, the Creator and the whole of the spiritual world and all of our success depends on the extent that we connect and integrate together.

29. S. (01:12:50) What is the correct form of incorporation in the 10 with love towards everyone?

R. With the proper 10, the proper way of incorporation in the 10 is such that we all feel that we are incorporated in each other on some level, it doesn't matter exactly. But we bring each other our inclinations to the extent that each one wants to be incorporated with the others as between us we have this field, where within this field, this inclination towards each other between us we begin to feel that by this we are building the general collective shared form of bestowal between us called the Creator, called “you have made Me”. It is such that the more I integrate with friends, the more I feel that between us there is a shared will, a shared inclination, an integration or incorporation that is inclusive which develops in us a force from above us which includes everyone. This is called the Creator meaning that the Creator is revealed in that way gradually through the connection between us called “you have made Me”.

30. S. (01:14:30) In the Congress everything is aimed towards us in the workshops with all of the expressions of our relations, we will scrutinize them in the workshops, how to annul ourselves?

R. Yes, it is all true but please be brief next time.

31. S. (01:15:23) You said that the ego is the foundation of the “*Partzuf* can we discover this?

R. We are not talking about this. We are talking about the incorporation of the friends together to build *Partzuf,* of course this is done through the ego but we don't talk about the ego, we need to rise above it. All of the forces that prevent us from incorporating or integrating we describe them in the ego and we are restricted as a distraction.

32. S. (01:16:08) What is the phase of coordination between us where each one annuls himself and incorporates in the others, how do we build this between us?

R. We have these corporeal interactions where we connect as a corporal ten, the more we try to be different with different qualities and desires and nations we will integrate together and it will come by itself through our work.

S. This is some kind of synchronization?

R. It will come on its own because each one wants to integrate and receive his own inner qualities from the friends, my first nine are in the friends, not exactly in the friends but it is about how I am impressed by them, included in them and it happens that each one helps his friend and receives from the friends this copy or projection of what he can emit from himself towards the friends and this is called his first nine. He has his restricted *Malchut* which also is incorporated in this integration with the friends to reduce and diminish its participation and this is how we build *Partzuf*.

S. In our external work which the friends can see I demonstrate how much I restrict myself?

R. Yes, and they need to show you the same as each one helps his friend.

33. S. (01:18:10) What does it mean to go from success to success and strength to strength in the love of friends? What do we need to do to achieve this?

R. Meaning of going from victory to victory and obtaining the love of friends ii is where we try each time to rise above the force of the disruption, our ego and to try to integrate with all of the friends in such a way where each one builds his first nine, wanting to be included of all of the friends inclinations towards spirituality, the Creator and this is the meaning of each one help his friend it is not just assistance. It is where I would have this inclination to integrate with the friends, I receive from them my own spiritual desires but I have no spirituality. It is only in that way that I receive them from the friends. This is why envy, lust, and honor it is written to bring one out of the world, from our world into the spiritual world.

S. The next success, the next strength is greater *Arvut* in the environment in order to build a better environment?

R. Yes, of course it is from one degree to another throughout all of the degrees.

34. S. (01:20:08)   Baal HaSulam says here, Do what you can and the salvation of the Lord will be as a blink of the eye. Do I feel we are doing enough because I don't see the salvation of the Lord personally?

R. I think we have all of the conditions present in order to do that and to reach the first spiritual *Partzuf* which is the purpose of the Congress. Today we are now studying the last stage of our spiritual work in the construction of the *Partzuf,* how to be included of each other and to finally build the spiritual *Partzuf* in this mutual integration so through this work we actualize all of our qualities and conditions that we learn about as it is all there right now in our work. The Congress must be like the seal upon it.

S. He says the most important thing is the unity of the friends because it can recompense all the faults. How do we reach this kind of unity he is telling us about?

R. The way that he writes that is what we do. You know how to read Hebrew, do it in practice if you want it, and if you don't want to, then don't. To the full extent, all the way through and if you don't succeed ask the Creator. You cannot turn to the Creator before you despair.

S. What is the unity that we are talking about here? What does it depend upon?

R. Unity depends on your cry to the Creator but to turn to Him we need to make an effort as much as possible to integrate together to see that also in that we cannot not fulfill or actualize ourselves.

S. And then?

R. And this is when Israel sighed from the work. The Exodus from Egypt.

S. Is it considered coming out of Egypt before the Congress?

R. No, not yet. It depends on your attempt to integrate with the others to build your spiritual *Partzuf*.

35. S. (01:22:42) Your words are very clear and we can actualize to ask where in this process does the raising MAN come in?

R. Wanting to connect with the friends, includes raising MAN because you make an effort to try even though we don't exactly aim them at the Creator and we do not turn to Him with actual prayer. It reaches him because He is our source and after we make the effort in this integration and we won't see success in this, then we will truly be ready to turn to the Creator to ask because here before us we have very clear work in terms of what we need to do. Simply to incorporate each other's qualities and in these qualities to discover the Creator and if we cannot achieve this then we need to turn to the Creator because we cannot emerge from our ego, from Egypt, we must shout and cry for help to bring us out of this.

36. S. (01:24:25)  What do I discover as I advance with my friends in the ten. The Creator right now, it seems like no matter what I do I only discover myself, where is the advancement and the incorporation?

R. You haven't entered the friends yet, to research and study their inclinations towards connection and the revelation of the Creator. Meaning, you are all not working on each one helps his friend yet. When you awaken in each other, bestow to each other the opportunities to discover envy in each one. You still aren't influencing each other enough, you don't have the kind of group work yet where everyone awakens.

S. What should be the main reason so that I will truly have a desire to incorporate and to connect with the friends?

R. You want to build your spiritual *Partzuf* to discover spirituality, to discover your soul to discover the Creator and now you have practical action of how to build a vessel for the revelation of the upper world, the revelation of the Creator.

S. Isn't this an egoistic desire?

R. Everything begins with the ego. It’s how you use the ego it's always present but in the posterior of the *Partzuf*.

37. S. (01:26:26) What tactics can I use toward my friends for awakening because whatever I do, I always feel I am in despair?

R. It seems to me that you need to take two or three friends, maybe four and to make them into the center of your group, then work together so strongly that everyone else envies you, and this is how you will awaken the others.

38. S. (01:27:29) Is my appeal to the Creator done with my friends in the ten? If the friends cannot think of me or awaken to think about me, I cannot move in their direction. Do I harm them as well as myself?

R. That can all be true but you have to incorporate, integrate the spiritual inclinations of the friends and to awaken them as much as possible with everything else along with prayer to the Creator. It may be that he will awaken them, He will arrange for you something new. I don't know. To invest your energies in the place in the state that you are in. This is what you must do. It seems that this is what the Creator is giving you now and you don't need to replace the ten or anything else. Replace your inclination toward spirituality to a more real and powerful one.

S. How can I do this more internally?

R. Try, make an effort. Ask before you act. What can I tell you, try.

39. S. (01:29:10) How to feel the smallest in the ten to cancel myself before the friends, so that they are greater than me?

R. This we need to work on I am really the smallest in the ten and that is how each one needs to say and feel, it is not contradictory that along with this how can it be that all of us, each one feeling that he's the smallest, that’s how it is in spirituality with respect to each and every one, we can answer this in such a way that nobody is in the qualities of the others unless it is true that each one is the smallest of everyone. The main thing is to subjugate oneself, to bow, to adhere yourself to the friends, more and more to receive from them even the small forces for spirituality which they have and this is our work.

40. S. (01:30:55) Each time I raise with disturbances I want to incorporate with the friends. Is there a meaning of talking about these issues, let's say yesterday there was an example that stood out in the Baltic Group meetings as a clip was prepared with how great it's friend was and we were very impressed by this.

R. This is your work. I'm happy you show each other how much you appreciate the friends but actually this is a form of connection.

41. S. (01:31:50) We are in a very targeted 10 with all the friends being very meticulous about all the actions, lessons and meetings. The question that arises from time to time especially from the convention is what to do with all the extras as the friends feel that they want outside of our regular schedules and plans. How do we help one another here to feel like every friend says that I should agree with it or?

R. I don't know, I don't want to get into this as this is your work, you all know how to read, you have the articles of Rabash, you want to succeed please do what is demanded of you, you don't want to exceed then okay, that is how you will stay. From day to day I give you another step and another step to enter spirituality increasingly more, you're capable yes, if not capable then what can I do? You see how much the Creator is arranging the conditions for us that we can do everything. if we are not capable so we go on to pension.

S. I didn't understand your answer, what is my attitude towards the fact that a friend wants to add another meeting because he feels like it or he feels that's what he needs to do?

R. Society needs to sit down and decide. You have the management of Bnei Baruch and you can ask them, I don't get into all of these things. It seems to me that we don't need to do all sorts of actions outside of what we do but all the rest of what to add is to add inside, external actions don't seem to me that I am for it. The main thing is our internal effort to be connected inside, make more efforts of the internal efforts and these extras I don't know what those are. As a rule I am against such things but if you are talking about the internal effort, yes I am for that. You can say if we don't go and do something physically then we also won't reach our spiritual upliftment, this I don't think it is such.

S. In a direct way or trying to ask most of the groups. We meet in physical meetings for an hour each day, our 10 is refusing to meet according to something that you said that you are prohibited to.

R. I'm not forbidding it. I'm just saying it must be according to the guidelines of the Health Department, the rest I'm not against. I am happy to see you in a big hall where we do our Congress every year and maybe in the next year we will have a physical Congress and I'm not against that. It must be according to what is acceptable especially for us as it is forbidden for us to do the opposite that we would be going against the rules.

S. If the guidance is saying that we need to be ....

R. I don't get into all the philosophies whatever is allowed, yes you can meet physically if it's allowed and however it is allowed. Leave me with all of these things where you say “Rav said do this”, I am for the internal gathering if it will help you for the internal gathering together externally then think about it but it must be truly in a way that there is an agreement from the side of the government and upon your part.

42. S. (01:37:24) How can we show one another that we are restricting ourselves and bestowing inside the 10 in a virtual way?

R. Only from our efforts, let us do what we are reading and learn what to do as we try over the course of the day and tomorrow morning that we will meet once again to continue on. You will see that this is what we need to do and this is what we will do in the Congress, connection between us in each and until there will be incorporation.

43. S. (01:38:24) If I ask for a friend to help fill my deficiency I'm helping a friend turn to the Creator?

R. Also, yes.

S. Why is it so hard to ask what is it that bothers us?

R. It is your ego not giving you the opportunity to do such.

**Excerpt 4 Reader (01:39:08 - 01:39:54)**

44. R. These are really simple things, what relations must be between the friends if they are all putting together themselves a spiritual *Partzuf* entirely in bestowal and love above their desire of hate and repulsion, certainly these are the sensations that must be revealed between them actively. That must be clear to them because specifically in these sensations they later reach revelation of the Creator to the creature.

45. S. (01:40:32) What does he mean when he writes here to remove from yourself these bodily lust?

R. Your entire ego, put it on the side that it remains unnullified, that you just minimize it from use because you want to use all of the possible sources for connection with the friends in order to receive and soak up from the friends their tendencies to spirituality and to the Creator, that they then turned to be the first nine. The *Tet Rishonot* of your soul.

S. He says here to make tactics and ways to increase love of friends, if we take out the physical dimension what other invention or things can you do to grow love of friends without an external action?

R. All sorts of spiritual forms and incorporations that we will do, part of the group or the whole group where some are for this or against that that we will scrutinize more the forms of connection between us and this is how we will advance but in the meantime we don't have what to play with and we don't have these incorporations of one in the other. Later we will talk about this.

**Excerpt 5 Reader (01:42:18 - 01:43:26)**

**Excerpt 6 Reader (01:43:27 - 01:44:10)**

46. R. How is it possible that Baal HaSulam had to convince the students, how is it possible that a student of Baal HaSulam wouldn't listen to everything he said?

R. You don't see it yourself? We are always working on the ego until the very last day. If you're asking about yourself what do you have to ask? You also feel that you have ascents and descents. Once you want more and then you want less, we need to awaken the heart of each and every friend. Are you doing this for your friend today? Tomorrow he returns it to you and then we will reach a state where we work in such a mechanism, like pistons of the engine, working in such a way. In sum total  everything is moving and working forward. This is how we will work and be with each and everyone at the time of the actions as each has incorporated in all. Imagine that each one is incorporated of 10 and then he must perform the work of 10 and such that each one in these main 10 *Sefirot* that you have all the time all of this work and all of the forms that completes one another and from this we reach a differential form to an analog form, from individuals to general and this is how we reach revelation of the Creator and a form that is increasingly more spiritual and practical. The Creator is so common, in general you can't receive him in a limited vessel that must be ten *Sefirot* not 9 and not 11. Then if you build that to a small extent then you have a revelation of the Creator's wholeness in some measure.

S. So we're trying to hold on to everything and it is clear that everything is in the hands of the Creator if we're successful it's because of the Creator if we are not successful it's in the hands of the Creator so we are giving all of our effort but it is still as if we are spectators because everyone is giving everything they can and it's just in his hands.

R. I don't understand what you are saying, it seems to me that you are not giving enough emphasis on prayer. All of our work needs to end in prayer. Here we are not doing that. It seems to you that you are not advancing and that you need from day today to measure yourself if not according to the incorporation in one another then according to the prayer that you are activating toward the Creator as much as it should be increasingly more made clear, put together, directed to the force of connection that must be between you. Who is putting you in such a way together, meaning that we need this summary from our efforts and you are talking about all sorts of things other than prayer and that is not enough.

47. S. (01:48:41) In the previous excerpt we see that we're not allowed to delay the prayer for the connection until tomorrow, how does that prayer need to look in our 10?

R. This you need to reach yourselves, I want to put together a prayer in your place for you, we're talking about how we must incorporate and how each one must bring and come to integration to look at the others, but this that you turn to the Creator.  I can't incorporate in that with you. This you must as much as possible, as it is written, I wish they would pray all day, all the time and all day you must be engaged in this, checking in what state and what incorporation you are in amongst yourselves and request for the Creator. This is how it must be.

**Excerpt 7 Reader (01:50:45 - 01:51:56) reads twice**

48. R. That is clear that he doesn't have enough forces to reach spirituality. He doesn't have forces at all to reach spirituality other than what the Creator gives him and without this force he cannot reach spirituality. This we reach only out of forces that are received from the environment this is called the influence of the environment upon man and this is the matter of the *Arvut,* the mutual responsibility that each shall help his friend as there are many verses and conditions, but in total it's the incorporation of the tens, of the friends that the result of this incorporation that such that we acquire the force that gives us the entrance to spirituality, connection with the others, the result of the connection with this we enter and reach spirituality. From a state of bestowal to a state of being ready for revelation of the Creator.

49. S. (01:53:06) Is it right to think that a good sign for mutual cooperation is complete faith between friends and the Creator?

R. In a spiritual manner this is the correct meaning as much as I incorporate the friends and as much as I am working with these qualities that I received from them and specifically in these qualities that I received from them I want to advance and to feel spirituality in them this is how we advance. In them we reveal spirituality in what I received and incorporated from among the friends. This is how it is written from all of my students I have learned like Rabbi Yossi Ben Kisma, what did he say? He said,“I cannot leave my students although they are small because  I must incorporate in them and then so I can reveal spirituality even more. But if I won't have these students, these friends, how will I advance? And that is how it always is. Clear?

50. S. (01:54:46) You said that we need to examine ourselves throughout the day to see how much we are advancing in this way?

R. As much as I think that I am impressed, through the meetings between us and even without meetings I have before me friends who are standing in my heart as it is written and each time they awaken my heart to incorporate of them from their tendency towards the Creator for connection and this is how it is called that I am always with them together.

S. How to talk about this in a common way to scrutinize it?

R. Each feels that we are truly together, this is what we will have to incorporate and that will be revealed in us, then we feel as one man in one heart.  We must ask for this together for the Creator to complete the work, that the Creator will complete the work in me as a connection between us to be complete because it is only by the upper light that we all put our private efforts together and he gathers them together and then we received the result from this and the Creator is called the general, the common which is not just a number it is according to his action that he includes us together and then we are made a *Partzuf.*

S. If we will play this between us were friends explain how they want to be incorporated and see what they are missing?

R. Yes, of course this is good .

**Excerpt 8 Reader (01:57:25 - 01:58:26) reads twice**

51. R. We need to depict in the discussion between us how much it is a great joy that we are connected between us and how much we have sorrow because we are still not connected. In these efforts for happiness and revelation of the sorrow we make an effort to be in all the time to such an extent that we obligate the Creator to cause us the true connection above the sorrow, of separation and as such we will build ourselves and this is very important. This is what he is saying.

52. S. (01:59:21) About the incorporation of the inclination of my friends with regards to spirituality, what do I need to do to depict myself in practice? Do I need to break my egoistic vision the way I see them now? To identify their tendency for spirituality?

R. You didn't need to break anything. You don't need to take care of your ego in anything, not for bad or good. You only need to take care of your connection with your friends to the extent of love of friends only in the good and positive things and never engage in the negative things, rather that you cannot reach connection and you see what is bothering you and that you will find a way to take care of the disturbance. But also to take care of the disturbance in this that you also increase the force of connection, the force of bestowal. This is how it is more correct to work, always to happiness and connection.

S. How can I identify their tendency for connection as I don't have the vessel, the tool to see their tendency for spirituality?

R. First of all, from the discussion and from everyone you feel this tendency where that you know each other also you understand that the Creator arranges the connection between you bringing you to one place, one desire and he wants you to build of you the same soul, that first soul that will be the foundation of the entire general soul of Adam HaRishon that will arise in the last generation. You need to talk about more. Awaken yourselves.

S. That is in general, but the specific tendency now?

R. This is what I spoke about from the beginning of the lesson. I spoke about the Congress and what we must do in the Congress about the connection between us, above all of the disturbances that we are incorporated of one another that we reach by jealousy, lust, and honor to include all of these qualities and correct tendencies from each and every friend as much as we advertise to each and every friend is incorporation and in this effort to reach corrections. We spoke about all of this.

53. S. (02:02:44)  The friends are the adapter for spirituality as the surrounding light that wants to become the internal light?

R. I'm not talking about surrounding or internal light, I've told you a few times on such words we don't come into an ordinary lesson we are not learning *TES* now, you are confusing people with your questions by asking them in different styles.

54. S. (02:03:19) In the name of it and what is beyond the example of the prayer, how to help friends that are not participating in this collective effort?

R. We can talk to them if it helps, but actually the conversation, the example and the prayer as we have nothing else.

55. S. (02:04:09) What exactly is this matter the glue of the spiritual work between us?

R. The Creator.

**Excerpt 9 Reader (02:04:29 - 02:05:18) reads twice**

**56. R. (02:05:19) WSQ:** How do we constantly sustain ourselves as being connected between ourselves to awaken the friends through envy, lust, and honor such that we don't let go of the spiritual work for one moment? Please.

57. R. (02:13:30) Today is the last day before the convention and tomorrow morning as usual we have the lesson that we will do the second half of the lesson today and we will take care of all the loose ends that we have. How do we need to go through this day and also tomorrow's morning, which is all of the last preparation towards the convention that comes to us by tomorrow evening according to Israel's time. How do we need to prepare more between us and what do we need to prepare so that even though the truth doesn't quite come to us yet in the connection, how to make such an effort that in our connection we will have the Creator be revealed. How do we realize ourselves and execute things in ourselves so we will come to the revelation of the Creator to the creature as this is actually our bestowal towards Him? What else do we need to prepare?This is my question to you, if you have an answer please message me and I will raise you to the broadcast to share.

58. S. (02:15:14) We have one weapon which is our request. It doesn't matter if we feel we're ready to scrutinize the ego is always going to blur our readiness. We are in an attack and we are not looking anywhere but inwards. We are not looking at the ego. We are together with the friends in this mutual request incorporated in such that we will truly succeed.

59. S. (02:15:58) We need to finish in the days left for us to truly depict between us this stage and step of connection, to be in the middle of the ten. This is where we are directed at, we need to go towards it and attack this connection between us.

R. Ok. Correct good direction.

60. S. (02:16:25) To incorporate to reach a state of despair and to request with all of our force of the Creator.

R. Good, we don't want to come to despair. Rather, we want to come to success, but if we come to despair  then we pray, also in general before that we pray. In truth also prayer needs to be accompanied by all our efforts towards incorporation. Then it’s considered that the Creator participates with us as a partner and then for certain we will succeed.

61. S. (02:17:26) I want to talk about the organizational aspect, before Congress has going out to some gathering, organizing our life, so we don't have any loose ends and organizing our corporeality so this external world won’t hold us, we want everything to be ready, for us to be freed up to go out into connection between us and leave nothing behind us.

R. That is really practically correct, arrange things in such a way that you are not dependent on any corporeal matters, that you will be freed throughout these three days of the convention, Friday, Saturday, Sunday in such a way that we will all truly be in this from morning till night and from night till morning. Prepare all of these things so that you won't have to be dependent on the world, going out shopping or doing all kinds of things, but as little as possible disconnect from the convention itself.

62. S. (02:19:06)  We used to have this *Arava* before the Congress, maybe we could have an hour for this big inner Arava?

R. Talk to our organizers it could be that they will understand you.

63. S. (02:19:46) How to cover everything with love, to give a true opportunity to reach the Congress in a clean way?

R. Very well.

64. S. (02:20:14) Come to the congress not as individuals, but as an organized and prepared ten.

R. Yes certainly, This is called the correct preparation.

65.  S. (02:20:33) I would like to give this day the thought (prayer) to raise the ten, to raise Bnei Baruch to spirituality that’s its dependence upon me. Truly do real scrutiny to be in prayer all day.

R. Very correct.

66. S. (02:21:07)  To think about the ten, check ourselves and be in prayer all day?

R. Wonderful, very correct.

67. S. (02:21:16) To add happiness and gratitude to the sensation of a unique holiday, we’re in a ascent to a truly beautiful state?

R. He's right we need to add joy to all of our actions, to fill all of these days with joy because specifically through this joy, we can show how the work of the Creator is desirable and rejoices us. Certainly through this we will come closer to Him not in sadness but in joy. Even when we are raising our prayers, these prayers also come to us from the joy that we have, who to turn to with a force that is caring for us. That we are turning to Him and certain He will answer us.

68. S. (02:22:44) To be in continuous excitement like a child who is going to get a very unique gift for all of us.

R. Right.

69. S. (02:23:05) To build this contract between us as no one has the forces of himself.

R. Yes.

70. S. (02:23:22) Maybe an open room for *Arvut* over the day of tomorrow where people can enter into a workshop?

R. Possibly, I don't know how that works with translation, but try it. Of course it is worthwhile for every language to have an open room where everyone from that language can enter and incorporate and to talk only about the importance of spirituality and upliftment between us.

71. S. (02:24:04) We play the state to reach connection.

R. Very well and correct.

72. S. (02:24:24) To feel my responsibility towards humanity that will truly be turned in that direction.

R. Excellent, I agree.

73. S. (02:24:40) To direct ourselves in thought and intention as much as possible in the time left as the ten can also listen together in the Zoom with the songs that awaken and connect us to the Congress.

74. S. (02:25:06). To assassinate our pride and remove this wall that keeps us from expressing our full desire to each other so the friends can truly raise a prayer in our place and know just how truly desperate we are to have the Creator to be amongst us, that true joy will come that we ask for one another replacing or desperation each one with the collective cry.

R. Very great.

75. S. (02:25:38) That each friend is there in one mind, heart and soul.

R. Beautiful.

76. S. (02:25:55) To be certain the Creator hears us and we give Him contentment in this

R. Yes.

77. S. (02:26:19) That my ten will reach the state of one man and one heart that they will be an example to the entire world *Kli*.

R. Nice, thank you.

78. S. (02:26:36) To make certain all of our friends are coming.

R. That is for certain that you need to awaken and make certain all of the friends are truly standing in line before each lesson, the lesson is connection and in the convention we are not learning new materials, we are connecting and incorporating in one another that each will help their friend as we learned today. The lesson today, we need to realize and implement this from here onward until the end of the convention.

79. S. (02:27:23) To raise a prayer in your ten, expressing the burning desired to reveal the Creator during the Congress.

80. S. (02:27:43) A great gratitude for the preparation you have led us through and to prepare a prayer for this Congress must be from the place that we have all received everything already, the Creator has given us many gifts, a great teacher, and a huge group that has developed to such dimensions that people on the path despite all kinds of problems, hardships and Corona. Creator has given us the opportunity to develop and reach such a dimension that humanity has begun to recognize the need to change our way of life, and this is by the wisdom of Kabbalah. This must be the place of demand that just like He is strong and capable, He is also merciful.

R. Thank you

81. S. (02:28:57) I want to restrict my *Malchut* to integrate with the upper nine of the friends, to just come out of yourself and include in the others, *Itkalut* integration, to feel spirituality in the friend and to show this actively to everybody.

R. Very well, thank you.

82. S. (02:29:35) That each friend accepts 100% responsibility for the ten, friends, and for the world, for the sake of the Creator's contentment.

R. Very well, nice.

83. S. (02:30:10) The prayer all the time for the ten to be in constant prayer of focusing our deficiency.

R. Very good.

84. S. (02:30:33) When I am raising a prayer to the ten I give force to the friends and requesting the Creator, Am I requesting to give force to friends?

R. The main thing is to pray through the ten to the Creator and then for sure through the ten you receive an answer from the Creator. That is the safest and the only way where we are not praying directly to the Creator but through the ten. The Creator doesn't hear one, doesn’t give to one, but only to ten. For Him ten is as one. This is why Rabbi Yossi Ben Kisma, did not want to disconnect from his students, because he wouldn't be able to be in contact with the Creator.

85. S. (02:32:39) The search for the friend all the time in my heart over the time that is left not leaving the center of connection to reach the Congress as one man and one heart.

R. Right, very good thank you.

86. S. (02:33:07) To help the friends to awaken including the friends that we don't see to increase the importance.

87. S. (02:33:28) From this moment on to be in that state of attack with nothing to lose, just to burst through all of the barriers, to be in constant demand not leaving anything for the next moment, but only to be in one man as one heart.

88. R. We have over 5,600 people registered for the convention, which we have never had such a thing before in all of the years. So it is important for me to go over all of the list for the conventions. Therefore, I’m asking for all of you to register as you are doing a great favor to all of your friends, as we are building a database and we can work with this later in the connection between us, connecting and addressing you, so please register as fast as possible with one more day left and then registration closes. We need to understand how many men and women, new students, veteran students and accordingly, we build our plans and our entire order in the archives, with all of our systems very dependent upon the extent to which we see the people who are registering and who they are, by age, by gender. I am blessing you for the good, please do not disconnect from this integration, as this convention will bring such a closeness that we will feel ourselves standing in a spiritual degree. That we will pray and ask and connect and pray again and this is how we will get there.

<https://kabbalahmedia.info/en/lessons/cu/vVrhKoX9?mediaType=video&language=en>